

How to be Sustainable in MANLIUS?



Sustainable Manlius



Practicing environmentally friendly habits can go a long way, and it doesn't require much effort. Learn about new routines, and about key changes you can make to your daily life that can help the environment, and be fun and easy.



What can you do from your home?

- **Minimize water consumption:** Try to take shorter showers and turn off the water when you are not rinsing. It's an easy way to minimize your water consumption!
- **Start the conversation!** The best way to create change is through communicating with each other. Talk about climate change with your family and friends. What about climate change worries you? Do you have any sustainable habits you want to share with them? Talking with your peers is the best way to get people involved and interested in the climate movement.



Do you have a garden? Have you ever thought of starting one?

- **Plant your favorite veggies** - Growing your own food is an easy way to make sure that it is fresh and pesticide free. Not only that, but it reduces the emissions that come from transporting goods. 1/3 of the fruits and vegetables we buy are grown in California and then shipped to New York!
- **If you can't grow your own, buy local!** Buying local is an easy way to support local businesses and reduce emissions from transportation!
- **Start a compost.** Did you know that 30-40% of the U.S. food supply goes uneaten, leading to a loss of more than \$160 billion? Not only that, but much of the wasted food is placed in the trash where it decomposes and emits greenhouse gases! You can help prevent this waste by composting. When you compost instead of being a source of greenhouse gases, it becomes a sink by providing the nutrients needed for your plants to grow!



Be kind to nature!

- **Reduce Weed killers and pesticides.** We all want a green lawn but it's not worth the harm these pesticides cause to the animals and our natural habitat.
- **Electric lawn mowers** are quieter, lighter, less polluting, and last longer than gas-powered machines.



Is Your Technology 'Tree-safe'?

- **The internet is not carbon-free.** It's estimated that by 2025 Greenhouse Gas Emissions from our electronic gadgetry and the internet use with their associated production costs and support systems like data centers, Netflix, Facebook, Twitter, and email will equal that of airlines, about 7.5% of global CO2. You can help by using your existing devices for as long as you can before buying a new one, and by unplugging your 'instantly-on' devices at night.
- **Use a search engine like Ecosia.** Plant real trees while surfing the web! Why wouldn't you? You can add it to Chrome or install the app!
- **Apps can help with sustainability too!** There are apps such as **Flora** (which is intended to help you concentrate) that plant trees while you complete your daily goals; and other apps such as **GreenChoice**, that help you make the right choices when shopping sustainability and healthily. Find an app that helps you make sustainable choices!



If you can, bike or walk to places nearby to avoid emitting CO2 from your vehicle!

Take a walk through your neighborhood and enjoy the outdoors, or walk to local shops or cafes to stay healthy and help the environment!



Where can you recycle....?

- **Don't trash batteries - It's illegal!** When you throw out batteries they leak contaminants that can poison and burn children, adults, and animals. Drop off your batteries at any Onondaga County Wegmans or Green Hills Market.
- **Electronics can actually be recycled;** Don't throw them out! Make sure to look for e-waste events near you.
- **Recycling with Ocrra.** Make sure you're recycling correctly at home, or in your business, by checking Ocrra's guidelines below!
https://ocrra.org/wp-content/uploads/1/2020/11/Recycling101_DPS_Pg4_KRL_112020.pdf
- **Don't throw away your inkjet cartridges!** These can be recycled at Target & Staples.



Links & Resources

- <https://drawdown.org/>
- <https://www.climatechange-action.com/>
- Some of the links from this page
<https://www.villageofmontourfalls.com/sustainablemontourfalls.html>



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